

Nutrition and Lifestyle Medicine Full Time 2025-2026 Timetable

MODULE CODE	MODULE TEACHING DATES	ASSIGNMENT DEADLINE(S)	PROVISIONAL MARK AVAILABLE ON SOLE	EXAM BOARD
SEMESTER 1				
NUTH4041 Approaches to nutrition and lifestyle medicine	<p>Attendance block 1 Monday 8th September 2025 (includes induction) (10-5) Tuesday 9th September 2025 (10-5) Wednesday 10th September 2025 (10-5)</p> <p>Synchronous online Wednesday 17th September 2025 (10-4) Thursday 18th September 2025 (10-4) Wednesday 1st October 2025 (10-4) Thursday 2nd October 2025 (10-4) Wednesday 8th October 2025 (10-4) Thursday 9th October 2025 (10-4)</p> <p>Online Tutorials: Wednesday 15th October 2025 (10-12) Wednesday 22nd October 2025 (9-3)</p>	13 th November 2025 Case study and PDP 19 th November 2025 Practical Assessment	11 th December 2025	TBC
NUTH4042 Nutrition in early years adolescence and reproduction	<p>Synchronous online Friday 14th November 2025 (10-4) Friday 21st November 2025 (10-4) Friday 28th November 2025 (10-4)</p> <p>Online Tutorials: Friday 12th December 2025 (10-5)</p>	23 rd January 2026	20 th February 2026	TBC
NUTH4046 Research methods	<p>Attendance block 1 Thursday 11th September 2025 (10-5) Friday 12th September 2025 (10-5)</p> <p>Synchronous online Wednesday 24th September 2025 (10-5) Thursday 25th September 2025 (10-5) Thursday 23rd October 2025 (10-5)</p> <p>Online tutorials: Wednesday 5th November 2025 (10-3)</p>	12 th December 2025	16 th January 2026	TBC
SEMESTER 2				
NUTH4043 Nutrition and lifestyle medicine in adults	<p>Attendance block 2 Monday 26th January 2026 (10-5)</p> <p>Synchronous online Wednesday 4th February 2026 (10-4) Wednesday 11th February 2026 (10-4) Wednesday 25th February 2026 (10-1)</p>	26 th March 2026	30 th April 2026	TBC

	Online tutorials: Wednesday 4 th March 2026 (10-3)			
NUTH4044 Applications of nutrition and lifestyle medicine	Attendance block 2 Tuesday 27 th January 2026 (10-5) Wednesday 28 th January 2026 (10-5) Synchronous online Thursday 5 th February 2026 (10-4) Friday 6 th February 2026 (10-4) Thursday 12 th February 2026 (10-4) Friday 13 th February 2026 (10-4) Thursday 26 th February 2026 (10-4) Friday 27 th February 2026 (10-4) Online tutorials: Friday 6 th March 2026 (9-4)	Thursday 9 th April 2026 Case Study/PDP Wednesday 15 th April 2026 Practical assessment	7 th May 2026 13 th May 2026	TBC
NUTH4047 Dissertation	Attendance block 2 Thursday 29 th January 2026 (10-5) Friday 30 th January 2026 (10-5) Synchronous online Wednesday 6 th May 2026 (10-5) Wednesday 22 nd July 2026 (10-5) One more date in autumn 2026 (10-5) - TBC	4 th December 2026	8 th January 2027	TBC
Semester 3				
NUTH4045 Clinical medicine and business development	Attendance block 3 Wednesday 10 th June 2026 (10-5) Thursday 11 th June 2026 (10-5) Friday 12 th June 2026 (10-5) Synchronous online Wednesday 24 th June 2026 (10-1) Thursday 25 th June 2026 (10-1) Friday 26 th June 2026 (10-1) Wednesday 8 th July 2026 (10-1) Thursday 9 th July 2026 (10-1) Friday 10 th July 2026 (10-1) Thursday 20 th August 2026 (10-4) Friday 21 st August 2026 (10-1) Other dates in early mid September (TBC) * Online and group tutorials will be available as required	Date TBC (Business plan poster Clinic competencies) Date TBC (critical reflection)	TBC	TBC
NUTH4048 Negotiated learning in advancing medicine	NA by supervision only	25th September 2026	23 rd October 2026	TBC